



**INDIRA GANDHI CENTRE FOR INDIAN CULTURE**  
**SWAMI SIVANANDA AVENUE, PHOENIX**

**Teacher of Indian Culture at IGCIC: Ms Vandana**



- *Ms. Vandana is a Qualified Yoga Teacher, who has one year Diploma in Yoga from Morarji Desai National Institute of Yoga, Govt. of India, New Delhi. Empaneled Yoga teacher of ICCR, Ministry of External Affairs, Govt. of India.*
- *Ms. Vandana is Double Masters in Yoga from Uttarakhand University, Haldwani , Uttarakhand and Vinayak Mission University, Tamilnadu. She is also Master of Arts(Hindi) from University of Delhi, Delhi apart from one year Diploma in Nutrition and Health Education from Indira Gandhi National Open University, Delhi*
- *Ms. Vandana had worked with Central Government Health Scheme, Govt. of India for seven years as Yoga Instructor. She also worked as Yoga Therapist at Sardar Vallabh Bhai Patel Chest Institute, under Ministry of AYUSH, Govt. of India for two years.*
- *Presently Ms. Vandana has been deployed by ICCR as Teacher of Indian Culture at Indira Gandhi Centre for Indian Culture, High Commission of India, Phoenix, Mauritius.*
- *Ms. Vandana teaches Yoga and Sanskrit at the IGCIC.*

**Contact:**

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