



INDIRA GANDHI CENTRE FOR INDIAN CULTURE
SWAMI SIVANANDA AVENUE
PHOENIX

ADMISSION NOTIFICATION FOR YOGA COURSE

Admission is now open for new batches of **6-Months Certificate, 6-Months Beginners, 6-Months Relaxation/Meditation, 6-Months Course for Children (between 8 to 15 Years), 6-Months Refresher, 1-Year Diploma & 1-Year Advance Diploma in Yoga Course**, which will start as from **21 April 2014** at the Indira Gandhi Centre for Indian Culture, Phoenix.

A **non-refundable** Registration fee of **Rs.500/- for 6-Months and Rs.800/- for 1-Year Course** is to be paid (**in cash**) at the time of enrolment.

Application form along with details of the offered courses and their timings may be downloaded/obtained from our website: indiahighcom-mauritius.org; facebook: Indira Gandhi Centre for Indian Culture or during any week days from our office at Indira Gandhi Centre for Indian Culture, Swami Sivananda Avenue, Phoenix from **9th to 11th and 15th to 17th April 2014 between 9.30 a.m. to 5.00 p.m.**

The application form filled in all respect should be submitted in person at our office latest by **17th April 2014**.

The advert will be put on the following three newspapers on:

Le Matinal - *Monday 07 April 2014*

Le Mauricien - *Monday 07 April 2014*

L'Express - *Tuesday 08 April 2014*



INDIRA GANDHI CENTRE FOR INDIAN CULTURE
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PHOENIX

APPLICATION FORM FOR YOGA

STUDENT FULL NAME (in Block Letters):

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Date of Birth: **Nationality**

Address:

.....

Occupation: **Telephone No. (Res.):**.....

Mobile No.:..... **(Office):**

E-Mail Address, if any:

Educational Qualification: -

.....

Languages Known:

Health Problem (If any):

Course & Batch applied for:

Previous Knowledge (If any):

Date:

.....

Candidate's Signature

Course & Batch Admitted in:

Yoga Teacher Signature & Date:

Receipt Number: -.....

Dated:

(Accounts Clerk)

Please Note: Application form alongwith fee in cash should be submitted in person at our office latest by 17th April 2014.



**INDIRA GANDHI CENTRE FOR INDIAN CULTURE
PHOENIX**

YOGA COURSE TIME TABLE: 2014-2015

<u>Batch Nos</u>	<u>Courses</u>	<u>Days & Timings</u>
1.	6-Months Beginners	Monday & Wednesday 09.30 Hrs to 10.15 Hrs
2.	6-Months Beginners	Monday & Wednesday 10.15 Hrs to 11.00 Hrs.
3.	1-Year Diploma	Monday & Wednesday 11.00 Hrs to 11.45 Hrs.
4.	6-Months Beginners	Monday & Wednesday 16.00 Hrs to 16.45 Hrs.
5.	6-Months Certificate	Monday & Wednesday 16.45 Hrs to 17.30 Hrs
6.	1-Year Advance Diploma	Monday & Wednesday 17.30 Hrs. to 18.15 Hrs
7.	1-Year Advance Diploma	Tuesday & Thursday 09.30 Hrs to 10.15 Hrs.
8.	6-Months Beginners	Tuesday & Thursday 10.15 Hrs. to 11.00 Hrs.
9.	6-Months Certificate	Tuesday & Thursday 11.00 Hrs to 11.45 Hrs
10.	6-Months Refresher/Fitness	Tuesday 16.45 Hrs to 17.30 Hrs
11.	1-Year Diploma	Tuesday & Thursday 17.30 Hrs to 18.15 Hrs
12.	6-Months Beginners	Friday 16.15 Hrs to 17.00 Hrs.
13.	6-Months Relaxation/Meditation	Friday 17.00 Hrs to 17.45 Hrs.
14.	6-Months Refresher	Saturday 08.00 Hrs to 08.45 Hrs
15.	6-Months Relaxation/Meditation	Saturday 08.45 Hrs to 09.30 Hrs
16.	6-Months Beginners	Saturday 09.30 Hrs to 10.15 Hrs
17.	6-Months Certificate	Saturday 10.15 Hrs to 11.15 Hrs
18.	6-Months Children Batch (8-15 Years old)	Saturday 11.15 Hrs to 12.15 Hrs.